

Week 3 - Monday

Lunch

Italian Meatballs

Meatballs in a rich tomato sauce, served on a bed of pasta.

Homemade Chicken and Leek Pie

Tender chunks of chicken breast, pan fried leeks and finished in a creamy white sauce and topped with a shortcrust pastry.

Mediterranean Spaghetti (V)

Fresh basil, tomatoes, peppers and courgette combined with spaghetti.

Vegetables

Sliced carrots

Garden peas

Potatoes

Parsley new potatoes

Light Bites

Homemade soup of the day (V)

Jacket Potatoes

Served with a choice of fillings.

Sandwich Bar

A selection of breads and fillings.

Sweet of the Day

Syrup sponge and custard

Cold Sweets

A choice of yogurts, jelly or fresh fruit.



Week 3 - Tuesday

Lunch

Assorted Meat Pizzas

A selection of meat topped pizzas.

Chicken Carbonara

Tender strips of chicken breast, mixed with onion and a light sauce, served with pasta.

Vegetarian Pizza (V)

A selection of vegetable topped pizzas.

Vegetables

Savoy cabbage

Sweetcorn

Potatoes

Rustic potato wedges

Light Bites

Homemade soup of the day (V)

Pasta Bar

A selection of meat and vegetable sauces served with pasta.

Sandwich Bar

A selection of breads and fillings.

Sweet of the Day

Rice pudding with chocolate drops

Cold Sweets

A choice of yogurts, jelly or fresh fruit.



Week 3 - Wednesday

Lunch

Honey Roast Gammon

A gammon joint which has been coated in honey and brown sugar and baked, served with a Yorkshire pudding and apple sauce.

Vegetable Crumble (V)

A mixture of vegetables, potatoes and finished with a savoury crumble topping.

Vegetables

Baton carrots

Broccoli florets

Potatoes

Roasted potatoes

Light Bites

Homemade soup of the day (V)

Jacket Potatoes

Served with a choice of fillings.

Sandwich Bar

A selection of breads and fillings.

Sweet of the Day

Chocolate brownie

Cold Sweets

A choice of yogurts, jelly or fresh fruit.



Week 3 - Thursday

Lunch

Chicken Fried Rice

Tender chunks of chicken breast, with onions, peppers and peas, and seasoned with oriental spices before being mixed with rice.

Pasta Carbonara

A classic dish of bacon lardons, peas and onions served in a light sauce and mixed with pasta.

Vegetable Fried Rice (V)

A mixture of vegetables and rice in oriental spices.

Vegetables

Cauliflower florets

Whole green beans

Potatoes

Herby diced potatoes

Light Bites

Homemade soup of the day (V)

Pasta Bar

A selection of meat and vegetable sauces served with pasta.

Sandwich Bar

A selection of breads and fillings.

Sweet of the Day

Cornflake tart with custard

Cold Sweets

A choice of yogurts, jelly or fresh fruit.



Week 3 - Friday

Lunch

Battered Fillet of Cod

An oven baked cod fillet, served with tartare sauce.

Chicken and Bacon Pasta Bake

Tender diced chicken breast, crispy bacon served in a white sauce and tossed in pasta then baked until golden.

Pea and Potato Curry (V)

Chunky potatoes and peas combined with curry spices and served with rice and mini naan bread.

Vegetables

Baked beans

Garden peas

Potatoes

Chipped potatoes

Light Bites

Homemade soup of the day (V)

Jacket Potatoes

Served with a choice of fillings.

Sandwich Bar

A selection of breads and fillings.

Sweet of the Day

Cup cakes

Cold Sweets

A choice of yogurts, jelly or fresh fruit.

