




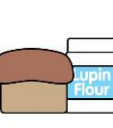

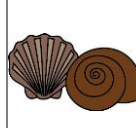








DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Monday Week 1

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pasta Bolognese		✓												
Garlic Bread		✓					May Contain							
Jumbo Sausage		✓												✓
Jumbo Sausage in a Bun		✓											✓	✓
Vegan Bolognese		✓											✓	
Broccoli														
Sweetcorn														
Garlic & Herb Potatoes														
Jacket Potatoes														
Biscoff Tray Bake		✓		✓									✓	

Review date: 01/04/2025


Reviewed by: Nicola Steel



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DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Tuesday Week 1



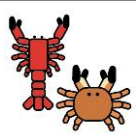
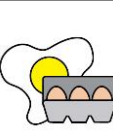
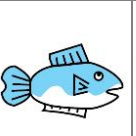
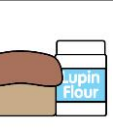

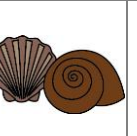
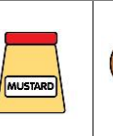
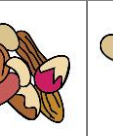

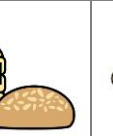
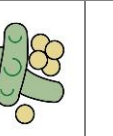

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Enchiladas		✓					✓							
Chicken Tenders		✓					✓						✓	
Twice Baked Jackets							✓							
Vegan Enchiladas		✓												
Garden Peas														
Sweetcorn														
New Potatoes														
Tom & Basil Sauce & Pasta		✓												
Vanilla Sponge		✓		✓										
Custard							✓							

Review date: 01/04/25

Reviewed by: Nicola Steel

DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Wednesday Week 1





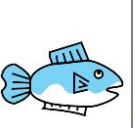
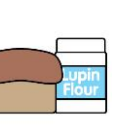




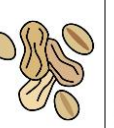

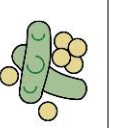

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Pork														
Roast Chicken														
Sage & Onion		✓												
Yorkshire Pudding QFS		✓		✓			✓							
Quorn Roast		✓		✓			✓							
Vegan Sausage Casserole													✓	
Baton Carrots														
Savoy Cabbage														
Cauli Cheese		✓					✓							

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DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Wednesday Week 1





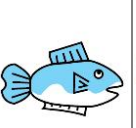
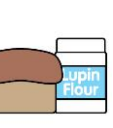

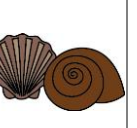
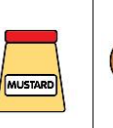
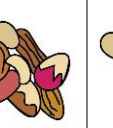
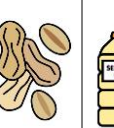

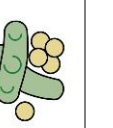

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Potatoes														
Creamed Potatoes														
Jacket Potatoes														
Iced Orange Drizzle		✓		✓										

Review date: 01/04/25

Reviewed by: Nicola Steel

DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Thursday Week 1

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Shawarma														
Flat Bread (Tesco)		✓					May Contain							
Minted Yoghurt Dip (Lions)				✓			✓							
Sausages (Richmonds) EYFS		✓											✓	✓
Cheese & Onion Quiche		✓		✓			✓							
Vegan Shawarma in a Wrap & Sweet Chilli Sauce		✓											✓	
Tomato & Basil Sauce & Pasta		✓												
Peas & Sweetcorn		✓												
Twister Fries		✓												

Review date: 01/04/25





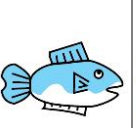
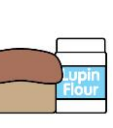
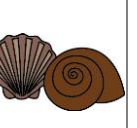
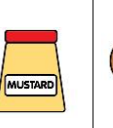
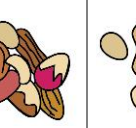
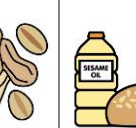
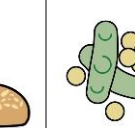
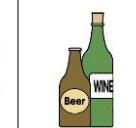

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DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Thursday Week 1





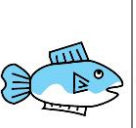
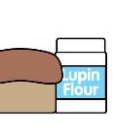




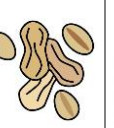

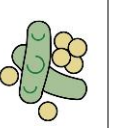

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Brownie		✓		✓									✓	

Review date: 01/04/2025

Reviewed by: Nicola Steel

DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Friday Week 1

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
French Bread Pizza Margherita		✓					✓					May Contain		
French Bread Pizza Pepperoni	May Contain	✓		May Contain			✓		May Contain			May Contain	May Contain	
French Bread Pizza BBQ Chicken		✓					✓					May Contain		
Fish Fingers		✓			✓									
Quorn Fishless Fingers		✓												
Mushy Peas														
Curry Sauce		✓					May Contain						✓	
Chips														
Ice-Cream							✓							

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