



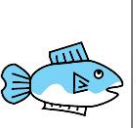
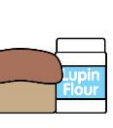

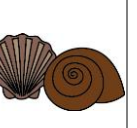
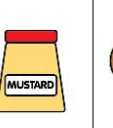
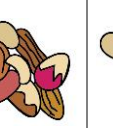
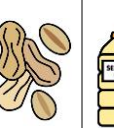

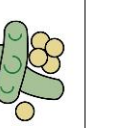



DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Monday Week 2


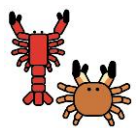
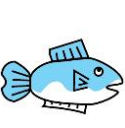

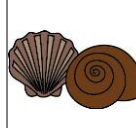



DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Italian Meatballs														
Pasta		✓												
Southern Fried Chicken Wrap	✓	✓							✓					
Vegan Crispy Chicken Wrap		✓												
Sweetcorn														
Green Beans														
Seasoned Wedges														
Jacket Potatoes														
Vanilla Sprinkle Cake		✓		✓										

Review date: 01/04/2025

Reviewed by: Nicola Steel

DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Tuesday Week 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Pie		✓		✓			✓						✓	
Soft Chilli Beef Tacos		✓												
Soft Chilli Beef Vegan Tacos		✓											✓	
Tom & Basil Sauce & Pasta		✓												
Cauliflower														
Carrots & Peas														
New Potatoes														
Chocolate Sponge		✓		✓										
Chocolate Sauce							✓							

Review date: 01/04/2025



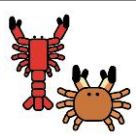
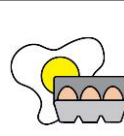
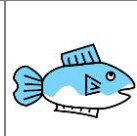


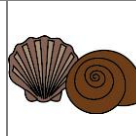




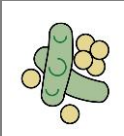

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DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Wednesday Week 2






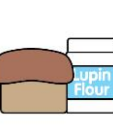








DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Hunters Chicken							✓							
Roast Chicken														
Oven Baked Sausages		✓												✓
Sweetcorn														
Peas														
Croquettes		✓					May Contain							
Flapjack		✓												

Review date: 01/04/2025

Reviewed by: Nicola Steel

DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Thursday Week 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Lasagne (Country Range)		✓		May Contain			✓		May Contain				May Contain	
Garlic Bread		✓					May Contain							
Home-made Sausage Rolls		✓				May Contain			May Contain				May Contain	✓
Home-made Vegan Sausage Rolls		✓				May Contain			May Contain				May Contain	
Broccoli														
Whole wheat Spaghetti Hoops		✓												
Saute Potatoes														
Artic Roll T/B/C														

Review date: 01/04/2025






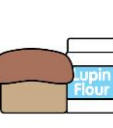

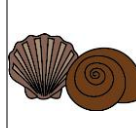




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DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Friday Week 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Battered Cod		✓			✓									
Fishfingers (EYFS)		✓			✓									
Buttered Chicken Curry							✓							
Rice														
Mini Naan Bread		✓												
Quorn Fishless		✓												
Garden Peas														
Baked Beans														
Curry Sauce (Bisto)		✓					May Contain						May Contain	

Review date: 01/04/2025

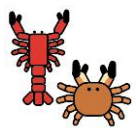
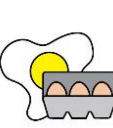
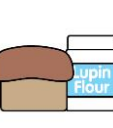
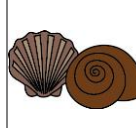


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DISHES AND THEIR ALLERGEN CONTENT – Teesside High

Friday Week 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chips														
Shortbread Cookies		✓												

Review date: 01/04/2025

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