




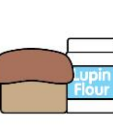

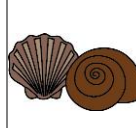








DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Summer Term

Monday Week 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Creamy Chicken Pasta		✓					✓							
Cumberland Sausage in a Rich Gravy		✓												✓
Pork Sausage EYFS		✓												✓
Vegan Sausage in a Rich Onion Gravy		✓												
Carrots & Garden Peas														
Broccoli														
Creamed Potatoes														
Chocolate Sprinkle Cake		✓		✓										

Review date: 01/04/2025



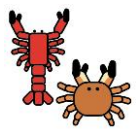
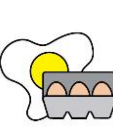
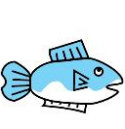
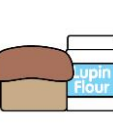

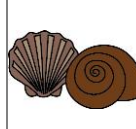






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DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Summer Term

Tuesday Week 3



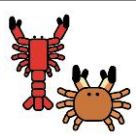
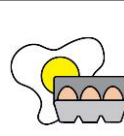
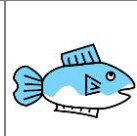


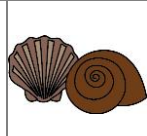




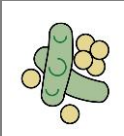

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cottage Pie							✓							
Katsu Chicken Served with Rice	✓	✓		May Contain			May Contain						✓	
Vegan Crispy Katsu Curry		✓											✓	
Pasta		✓												
Tomato & Basil Sauce														
Green Beans														
Mixed Veg														
New Potatoes														
Treacle Sponge		✓		✓										

Review date: 01/04/2025

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DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Summer Term

Wednesday Week 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Gammon														
Yorkshire Pudding		✓		✓			✓							
Mac & Cheese		✓					✓							
Vegan Nuggets		✓												
Carrots														
Cabbage														
Cauliflower & Broccoli Cheese		✓					✓							
Roast Potatoes														
Biscoff Tray Bake		✓		✓									✓	

Review date: 01/04/2025



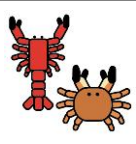
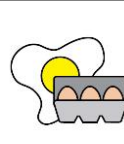
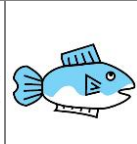


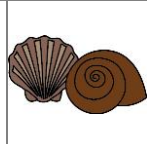




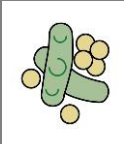

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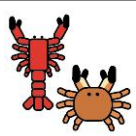
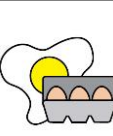
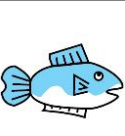
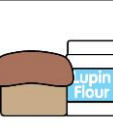








DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Summer Term

Thursday Week 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Mini Chicken Parmos		✓					✓							
Chilli Con Carne Served with Rice and Tortilla Chips														
Vegan Chilli Con Carne Served with Rice and Tortilla Chips													✓	
Sweetcorn														
Garden Peas														
Potato Wedges														
Tomato & Basil Pasta		✓												
Lemon Drizzle Cake		✓		✓										

DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Summer Term

Friday Week 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beef Burger in a bun		✓										May Contain		✓
Cheeseburger in a bun		✓					✓					May Contain		✓
Gluten Free Burger in a bun				✓										✓
Fishfingers		✓			✓									
Quorn Fishless		✓												
Baked Beans														
Home-made mushy peas														
Curry Sauce (Bisto)		✓					May Contain						✓	
Chips														

Review date: 01/04/2025





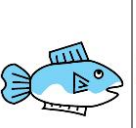
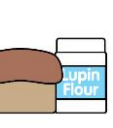

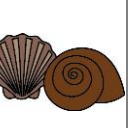
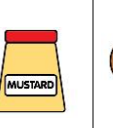
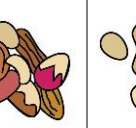
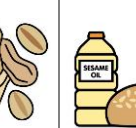
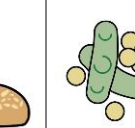
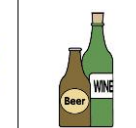

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DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Summer Term

Friday Week 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Gluten Free Cookies														
Assorted Cookies		✓		✓			✓						✓	

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