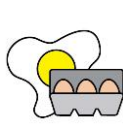
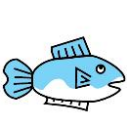
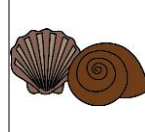
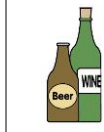


DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

Monday Week 1

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Mince Beef & Dumplings		✓		✓			✓						May Contain	
Southern Fried Chicken Burger in a Bun	May Contain	✓		✓			May Contain					May Contain		May Contain
Vegan Hotpot														
Chicken Breast Burger		✓										May Contain		
Broccoli														
Sliced Carrots														
Creamed Potatoes														
Biscoff Tray Bake		✓		✓									✓	
Banana & Custard EYFS							✓							

Review date: 08/10/25

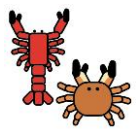
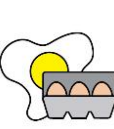
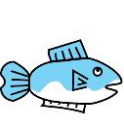
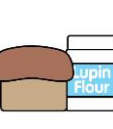
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DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

Tuesday Week 1

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
BBQ Chicken Melt							✓							
Home-made Sausage Rolls		✓		✓		May Contain	✓		May Contain				May Contain	✓
Vegan Moussaka													✓	
Sweetcorn														
Peas														
Oven Baked Hassle Backs														
Tomato & Basil Sauce														
Pasta		✓												
Jam Sponge		✓		✓										

Review date: 08/10/25

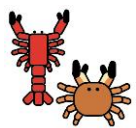
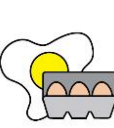
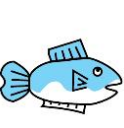
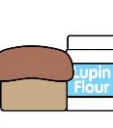
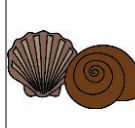
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DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

Tuesday Week 1

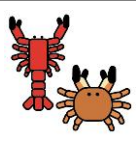
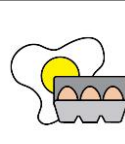
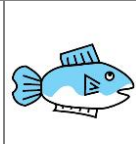
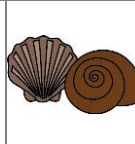
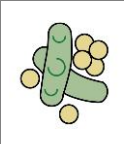
DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Custard							✓							
Rice Pudding EYFS							✓							

Review date: 08/10/25

Reviewed by: Nicola Steel

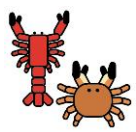
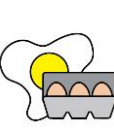
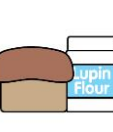
DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

Wednesday Week 1

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Chicken or Roast Pork														
Yorkshire Pudding		✓		✓			✓							
Sage & Onion Stuffing (Country Range)		✓												
Quorn Roast		✓		✓			✓							
Vegan Bean Casserole														
Baton Carrots														
Cabbage														
Cauliflower Cheese		✓					✓							
Roast Potatoes														

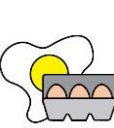
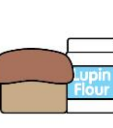
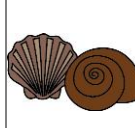
DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

Wednesday Week 1

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Potatoes														
Jackets														
Chocolate Sprinkle Cake		✓		✓										
Mousse EYFS							✓							

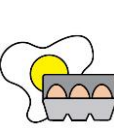
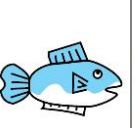
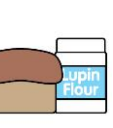
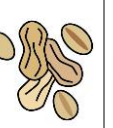
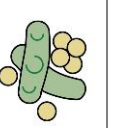
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DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Lasagne		✓		May Contain			✓		May Contain				May Contain	
Garlic Bread		✓					May Contain							
Home-made Corned Beef Pasties		✓		✓		May Contain	✓		May Contain				May Contain	
Vegan Mac & Cheese		✓											✓	
Mac & Cheese EYFS		✓					✓							
Sweetcorn/Peas														
Beans														
Oven Baked Garlic & Herb Potatoes														
Apple Crumble		✓												
Custard							✓							

DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

Friday Week 1

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Margarita French Bread Pizza		✓					✓					May Contain		
Pepperoni French Bread Pizza	May Contain	✓		May Contain			✓		May Contain			May Contain	May Contain	
Gluten Free Pizza							✓							
Mini Muffin Pizzas EYFS		✓					✓							
Baked Salmon & Rice EYFS					✓									
Fishfingers		✓			✓									
Quorn Fishless		✓												
Curry Sauce (Bisto)		✓					May Contain						✓	
Mushy Peas														

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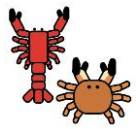
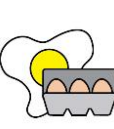
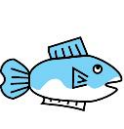
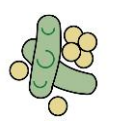
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Friday Week 1

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Friday Week 1

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chips														
Ice – cream and Fudge sauce							✓							
Fromage Frais EYFS							✓							

Review date: 08/10/25

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