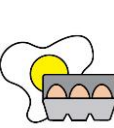
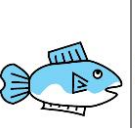
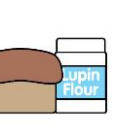
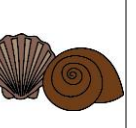
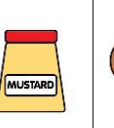
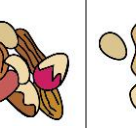
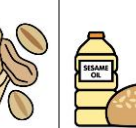
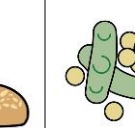
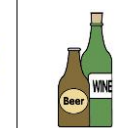


DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

Monday Week 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Lincolnshire Sausage		✓												
Chicken Enchilada		✓					✓							
Chicken Casserole EYFS		✓											✓	
Vegan Enchilada		✓												
Oven Bakes Sausages		✓												✓
Sliced Carrots/ Marrowfat Peas														
Boiled Potatoes														
Victoria Sponge Cake		✓		✓										
Cheese & Crackers EYFS		✓					✓							

Review date: 15/10/25

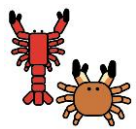
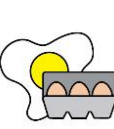
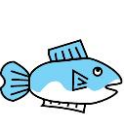
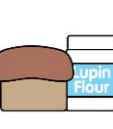
Reviewed by: Nicola Steel



You can find this template, including more information at www.food.gov.uk/allergy

DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

Tuesday Week 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cottage Pie							✓							
Katsu Curry & Rice	✓	✓		✓									✓	✓
Vegan Cottage Pie														
Vegetable Lasagne		✓		May Contain			✓		May Contain				May Contain	
Pasta		✓												
Tomato & Basil Sauce														
Garden Peas														
Sweetcorn														
Oven Baked Diced Potatoes														

Review date: 15/10/25

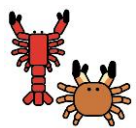
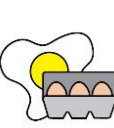
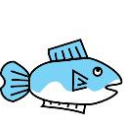
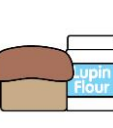
Reviewed by: Nicola Steel



You can find this template, including more information at www.food.gov.uk/allergy

DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

Tuesday Week 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Treacle Sponge		✓		✓										
Custard							✓							
Rhubarb with Custard Sauce EYFS							✓							

Review date: 15/10/25

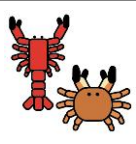
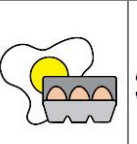
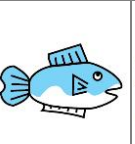
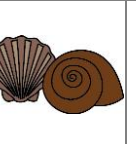
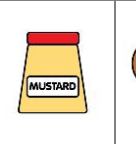
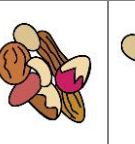
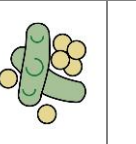
Reviewed by: Nicola Steel



You can find this template, including more information at www.food.gov.uk/allergy

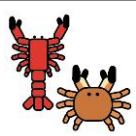
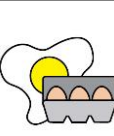
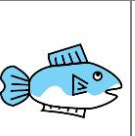
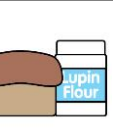
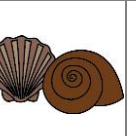
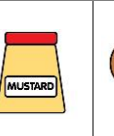
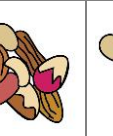
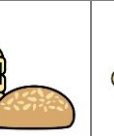
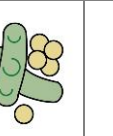
DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

Wednesday Week 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Chicken														
Roast Gammon														
Yorkshire Pudding		✓		✓			✓							
Sage & Onion Stuffing (Country Range)		✓												
Cheese & Onion Swirls		✓				May Contain	✓		May Contain				May Contain	
Chick Pea Stew														
Baton Carrots														
Cabbage														
Cauliflower Cheese		✓					✓							

DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

Wednesday Week 2

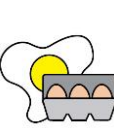
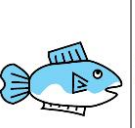
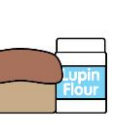
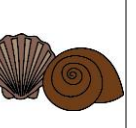
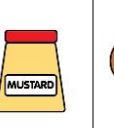
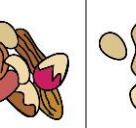
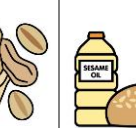
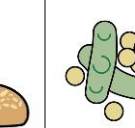
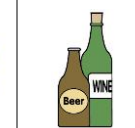
DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Potatoes														
Creamed Potatoes														
Chocolate Brownie		✓		✓			May Contain						✓	
Peaches & Custard EYFS							✓							

Review date: 15/10/25

Reviewed by: Nicola Steel

DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

Thursday Week 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Moroccan Chicken														
Rice														
Corned Beef Pie		✓		✓		May Contain	✓		May Contain				May Contain	
Vegan Sweet Potato Curry														
Minced Beef & Vegetable Cobbler EYFS		✓		✓			✓							
Tom & Basil Sauce														
Pasta Penne		✓												
Mixed Vegetables														
Green Beans														
Savoury Wedges														

Review date: 15/10/25

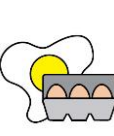
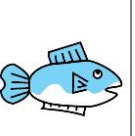
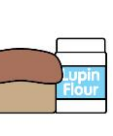
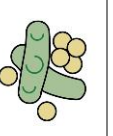
Reviewed by: Nicola Steel



You can find this template, including more information at www.food.gov.uk/allergy

DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

Thursday Week 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Jam & Coconut Sponge		✓		✓										
Custard Sauce							✓							
Semolina & Berry Compote EYFS		✓					✓							

Review date: 15/10/25

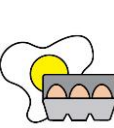
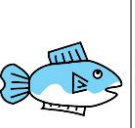
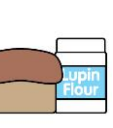
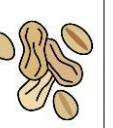
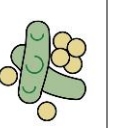
Reviewed by: Nicola Steel



You can find this template, including more information at www.food.gov.uk/allergy

DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

Friday Week 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Tikka Masala							✓							
Naan Bread		✓												
Tuna & Pasta EYFS Bake		✓			✓									
Fishfingers		✓			✓									
Quorn Fishless		✓												
Baked Beans														
Mushy Peas														
Chips														
Curry Sauce (Bisto)		✓					May Contain						✓	

Review date: 15/10/25

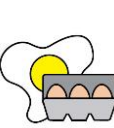
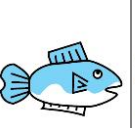
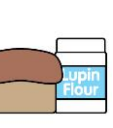
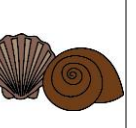
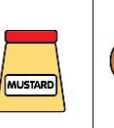
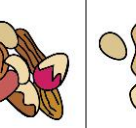
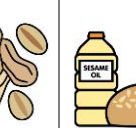
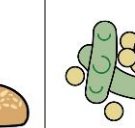
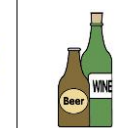
Reviewed by: Nicola Steel



You can find this template, including more information at www.food.gov.uk/allergy

DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

Friday Week 2

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cookie Selection		✓		✓			✓						✓	
Fromage Frais EYFS							✓							

Review date: 15/10/25

Reviewed by: Nicola Steel



You can find this template, including more information at www.food.gov.uk/allergy