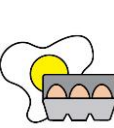
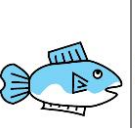
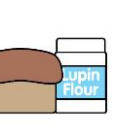
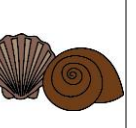
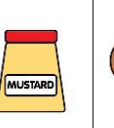
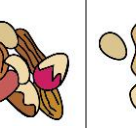
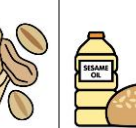
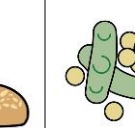
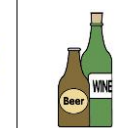


DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

Monday Week 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Pie		✓		✓			✓							
Pasta Bolognaise		✓												
Garlic Bread		✓					May Contain							
Vegan Pasta Bake		✓												
Green Beans														
Carrots														
Saute Potatoes														
Sprinkle Cake		✓		✓										
Rice Pudding EYFS							✓							

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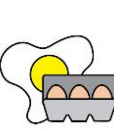
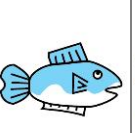
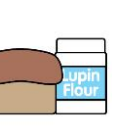
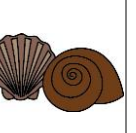
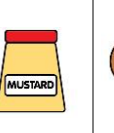
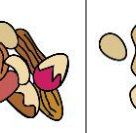
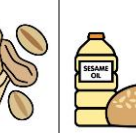
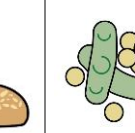
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DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

Tuesday Week 3

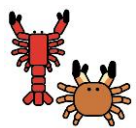
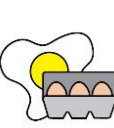
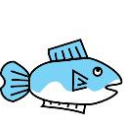
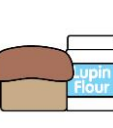
DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Steak & Vegetable Casserole														
Home-made Cumberland Sausage rolls		✓		✓		May Contain	✓		May Contain				May Contain	
Chick Pea Curry														
Mixed Vegetables		✓		May Contain			✓		May Contain				May Contain	
Green Beans		✓												
Creamed Potatoes														
Tom & Basil Sauce														
Pasta		✓												
Cornflake Tart		✓												

Review date: 08/10/25

Reviewed by: Nicola Steel

DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

Tuesday Week 3

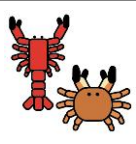
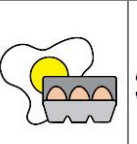
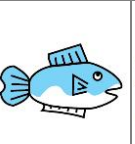
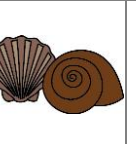
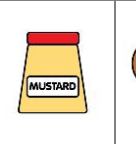
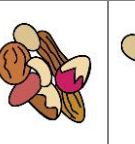
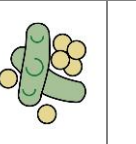
DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Custard							✓							
Mixed Berries & Custard EYFS							✓							

Review date: 08/10/25

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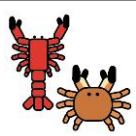
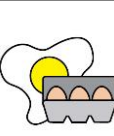
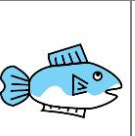
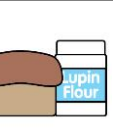
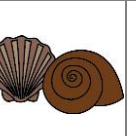
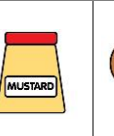
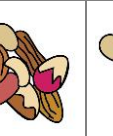
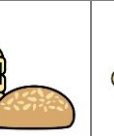
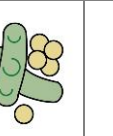
DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

Wednesday Week 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Chicken														
Yorkshire Pudding		✓		✓			✓							
Sage & Onion Stuffing (Country Range)		✓												
Minced Beef & Veg Pie		✓		✓			✓						May Contain	
Minced Beef & Vegetable Hot Pot EYFS														
Vegan Casserole													✓	
Baton Carrots														
Cabbage														
Cauli Cheese		✓					✓							

DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

Wednesday Week 3

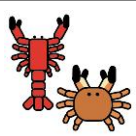
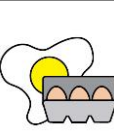
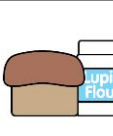
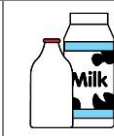
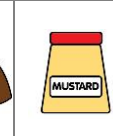
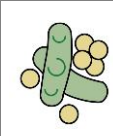
DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Flapjack		✓												
Fromage Frais EYFS							✓							

Review date: 08/10/25

Reviewed by: Nicola Steel

DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

Thursday Week 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Parmesan		✓					✓							
Sausage Casserole		✓												✓
Three Bean Chilli & Rice														
Broccoli														
Sweetcorn														
Twister Fries		✓												
Creamed Potatoes														
Chocolate Sponge		✓		✓										
Chocolate Sauce							✓							

08/10/25

Review date:

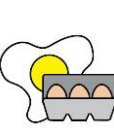
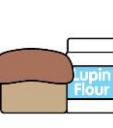
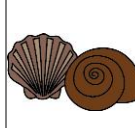
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DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

Thursday Week 3

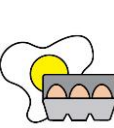
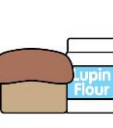
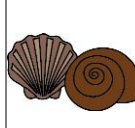
DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fruity Flapjack EYFS		✓												

Review date: 08/10/25

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DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

Friday Week 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Balti														
Rice														
Mini Naan Bread		✓												
Cheeseburger in a Bun		✓					✓					May Contain		
Meat Free Quarter Pounder		✓										May Contain		
Oven Baked Salmon & Rice					✓									
Sweetcorn														
Beans														
Curry Sauce (Bisto)		✓					May Contain						✓	

Review date: 08/10/25

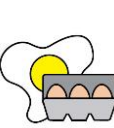
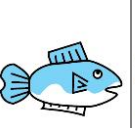
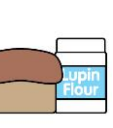
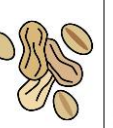
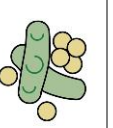
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Friday Week 3

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chips														
Artic Roll		✓		✓			✓						✓	
Mousse EYFS							✓							

Review date: 08/10/25

Reviewed by: Nicola Steel

