

## Lunch Menu

## Winter Menu - Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Meals	Minced Beef and Dumplings (Gluten Free available on request)	Barbecue Chicken Melt (GF)(H)	Roast Loin of Pork (GF) or Roast Chicken (GF)(H) served with Yorkshire Pudding, Sage & Onion Stuffing (Gluten Free Yorkshire Pudding available on request)	Lasagne served with Garlic Bread (Gluten Free available on request)	Selection of French Bread Pizzas (V)(VG)(H) (Gluten Free Pizza available on request)
	Southern Fried Chicken Burger served in a bun with Shredded Lettuce and Mayonnaise (H)	Homemade Sausage Rolls	Quorn Roast (V)	Homemade Corned Beef Pasties	Fish Fingers
	Vegan Hot Pot (V)(VG)(GF)(H)	Vegan Moussaka (V)(VG)(H)	Vegan Bean Casserole (V)(VG)(H)	Vegan Mac and Cheese (V)(VG)(H)	Quorn Fishless Fingers (V)(VG)(H)
Vegetables	Broccoli Sliced Carrots	Sweetcorn Garden Peas	Baton Carrots Cabbage Cauliflower Cheese	Peas and Sweetcorn Baked Beans	Homemade Mushy Peas Baked Beans Curry Sauce
Potatoes	Creamed Potatoes	Oven Baked Hassle Back Potatoes	Roasted Potatoes Creamed Potatoes	Oven Baked Garlic and Herb Potatoes	Chipped Potatoes
Light Bites	A selection of seasonal salads and sandwiches are available each day.  Jacket Potato served with beans, cheese or tuna.  Home-made soup available daily.				
	Salad Bar and Deli Bar	Pasta Bar (GF option available)	Salad Bar and Deli Bar	Salad Bar and Deli Bar	Salad Bar and Deli Bar
Sweet of the Day	Biscoff Tray Bake	Jam Sponge served with Custard	Chocolate Sprinkle Cake	Apple Crumble served with Custard	Ice-cream served with Hot Fudge Sauce
Cold Sweet	A choice of fresh fruit, yoghurts, or flavoured jelly are available each day.				