



Lunch Menu

Winter Menu - Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Meals	Lincolnshire Sausage served in a Rich Onion Gravy	Cottage Pie (GF)	Roast Gammon (GF) or Roast Chicken (H) served with Yorkshire Pudding, Sage and Onion Stuffing <i>(Gluten Free Yorkshire pudding available on request)</i>	Moroccan Chicken (GF) (H) served on a bed of Savoury Rice	Chicken Tikka Masala (GF) (H) served with Pilau Rice and Mini Naan Bread
	Chicken Enchilada (GF) (H) <i>(Gluten Free available on request)</i>	Katsu Chicken Curry (H) served with Rice	Cheese & Onion Swirls (V)	Corned Beef Pie	Fish Fingers
	Vegan Enchilada (V)(VG)(H)	Vegan Cottage Pie (V)(VG)(GF)(H)	Chick Pea Stew (V)(VG)(H)	Vegan Sweet Potato Curry (V)(VG)(H)	Quorn Fishless Fingers (V)(VG)(H)
Vegetables	Marrowfat Peas Sliced Carrots	Garden Peas Sweetcorn	Baton Carrots Cabbage Cauliflower Cheese	Mixed Vegetables Green Beans	Homemade Mushy Peas Baked Beans Curry Sauce
Potatoes	Boiled Potatoes	Oven Baked Diced Potatoes	Roasted Potatoes Creamed Potatoes	Savoury Wedges	Chipped Potatoes
Light Bites	A selection of seasonal salads and sandwiches are available each day. Jacket Potato served with beans, cheese or tuna. Home-made soup available daily.				
	Salad Bar and Deli Bar	Pasta Bar <i>(Gluten Free option available)</i>	Salad Bar and Deli Bar	Salad Bar and Deli Bar	Salad Bar and Deli Bar
Sweet of the Day	Victoria Sponge Cake	Treacle Sponge served with Custard	Chocolate Brownie	Jam & Coconut Sponge served with Custard	Cookie Selection <i>(Gluten Free available on request)</i>
Cold Sweet	A choice of fresh fruit, yoghurts or flavoured jelly are available each day.				

H = Halal, V = Vegetarian, VG = Vegan, GF = Gluten Free