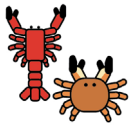
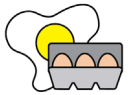
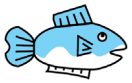
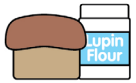
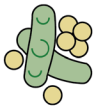
## DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

**Monday Week 1**

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Chicken Pie | | ✓ | | ✓ | | | ✓ | | | | | | ✓ | |
| Wholemeal Pasta & Tomato Sauce | | ✓ | | | | | | | | | | | | |
| Vegetable Potato Topped Pie | | | | | | | | | | | | | | |
| Iced Sponge | | ✓ | | ✓ | | | | | | | | | | |
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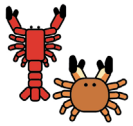
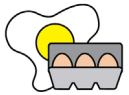
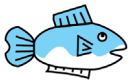
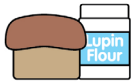
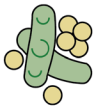
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## DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

**Tuesday Week 1**

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Spaghetti Bolognaise | | ✓ | | | | | | | | | | | | |
| Garlic Bread | | ✓ | | | | | May Contain | | | | | | May Contain | |
| Fajita Chicken Wrap | | ✓ | | | | | | | | | | | | |
| Vegan Bolognaise | | | | | | | | | | | | | | |
| Bramley Apple Crumble | | ✓ | | | | | | | | | | | | |
| Custard | | | | | | | ✓ | | | | | | | |
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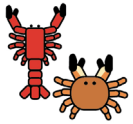
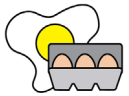
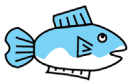
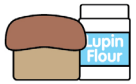
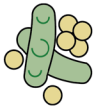
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## DISHES AND THEIR ALLERGEN CONTENT -Teesside High School Autumn Term

**Wednesday Week 1**

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Roast Chicken | | | | | | | | | | | | | | |
| Yorkshire Pudding | | ✓ | | ✓ | | | ✓ | | | | | | | |
| Vegan Fillet | | ✓ | | | | | | | | | | | | |
| Brownie | | ✓ | | ✓ | | | ✓ | | | | | | May Contain | |
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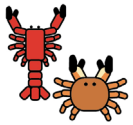
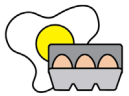
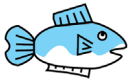
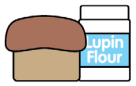
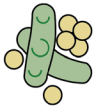
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## DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

## Thursday Week 1

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Oriental Chicken Served with Rice | | ✓ | | | | | | | | | | | ✓ | |
| Pizza | | ✓ | | | | | ✓ | | | | | May Contain | | |
| Vegan Pizza | | ✓ | | | | | | | | | | May Contain | | |
| Jam Sponge | | ✓ | | ✓ | | | | | | | | | | |
| Custard | | | | | | | ✓ | | | | | | | |
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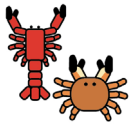
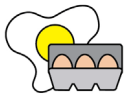
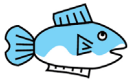
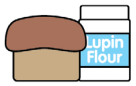
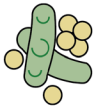
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## DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

**Friday Week 1**

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Fish Fingers | | ✓ | | | ✓ | | | | | | | | | |
| Twice Baked Jacket with Cheese | | | | | | | ✓ | | | | | | | |
| Lentil Dahl Served with Rice | | | | | | | | | | | | | | |
| Shortbread Biscuit | | ✓ | | | | | | | | | | | | |
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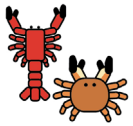
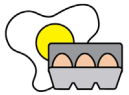
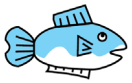
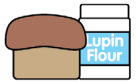
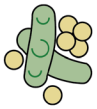
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## DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

**Monday Week 2**

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Sausage Casserole | | ✓ | | | | | | | | | | | | ✓ |
| Creamy Chicken Pasta | | ✓ | | | | | ✓ | | | | | | | |
| Creamy Vegetable Pie | | | | | | | | | | | | | | |
| Sprinkle Cake | | ✓ | | ✓ | | | | | | | | | | |
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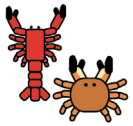
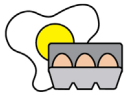
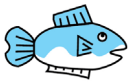
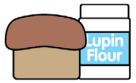
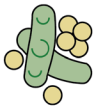
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## DISHES AND THEIR ALLERGEN CONTENT - Teesside High School Autumn Term

**Tuesday Week 2**

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Southern Fried Chicken Wrap | | ✓ | | | | | | | | | | | | |
| Cottage Pie | | | | | | | ✓ | | | | | | | |
| Vegan Cottage Pie | | | | | | | | | | | | | | |
| Rice Pudding | | | | | | | ✓ | | | | | | | |
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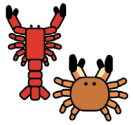
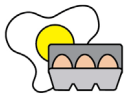
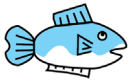
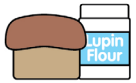
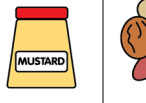
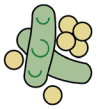
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## DISHES AND THEIR ALLERGEN CONTENT -Teesside High School Autumn Term

## Wednesday Week 2

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Roast Gammon | | | | | | | | | | | | | | |
| Yorkshire Pudding | | ✓ | | ✓ | | | ✓ | | | | | | | |
| Vegan Fillet | | ✓ | | | | | | | | | | | | |
| Fruity Flapjack | | ✓ | | | | | | | | | | | | |
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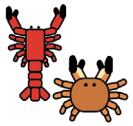
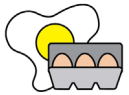
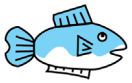
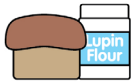
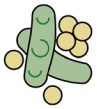
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## DISHES AND THEIR ALLERGEN CONTENT -Teesside High School Autumn Term

**Thursday Week 2**

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Steak & Vegetable Pie | | ✓ | | ✓ | | | ✓ | | | | | | May Contain | |
| Chicken Tikka Masala Served with Rice | | ✓ | | | | | ✓ | | | | | | | |
| Vegetable Masala Served with Rice | | | | | | | | | | | | | | |
| Oaty Pear Crumble | | ✓ | | | | | | | | | | | | |
| Custard | | | | | | | ✓ | | | | | | | |
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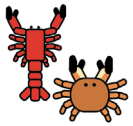
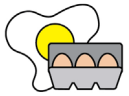
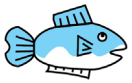
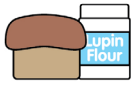
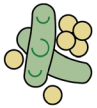
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## ISHES AND THEIR ALLERGEN CONTENT -Teesside High School Autumn Term

**Friday Week 2**

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Hunters Chicken | | ✓ | | | | | ✓ | | | | | | | |
| Fish Fingers | | ✓ | | | ✓ | | | | | | | | | |
| Quorn Fishless | | ✓ | | | | | | | | | | | | |
| Assorted Cookies | | ✓ | | ✓ | | | ✓ | | | | | | ✓ | |
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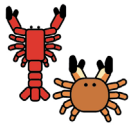
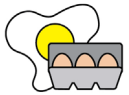
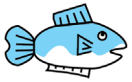
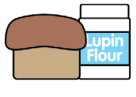
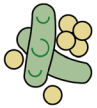
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## DISHES AND THEIR ALLERGEN CONTENT -Teesside High School Autumn Term

## Monday Week 3

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Mince & Dumplings | | ✓ | | ✓ | | | ✓ | | | | | | May Contain | |
| Root Vegetable Casserole Served with Herby Dumplings | | ✓ | | | | | | | | | | | | |
| Wholemeal Pasta Served with Tomato & Basil Sauce | | ✓ | | | | | | | | | | | | |
| Sprinkle Cake | | ✓ | | ✓ | | | | | | | | | | |
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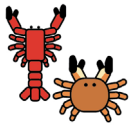
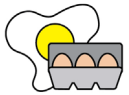
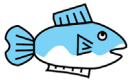
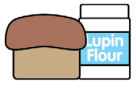
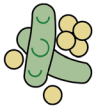
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## DISHES AND THEIR ALLERGEN CONTENT -Teesside High School Autumn Term

**Tuesday Week 3**

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Steak Hot Pot | | | | | | | | | | | | | | |
| Savoury Rice with Chicken Strips | | | | | | | | | | | | | | |
| Savoury Rice with Tofu | | | | | | | | | | | | | ✓ | |
| Cornflake Tart | | ✓ | | ✓ | | | ✓ | | | | | | May Contain | |
| Custard | | | | | | | ✓ | | | | | | | |
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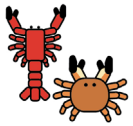
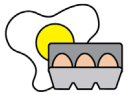
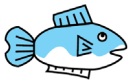
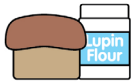
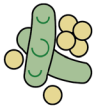
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## DISHES AND THEIR ALLERGEN CONTENT -Teesside High School Autumn Term

## Wednesday Week 3

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Roast Chicken | | | | | | | | | | | | | | |
| Yorkshire Pudding | | ✓ | | ✓ | | | ✓ | | | | | | | |
| Vegan Fillet | | ✓ | | | | | | | | | | | | |
| Oaty Flapjack | | ✓ | | | | | | | | | | | | |
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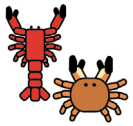
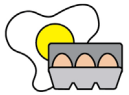
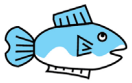
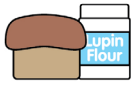
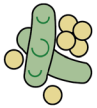
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## DISHES AND THEIR ALLERGEN CONTENT -Teesside High School Autumn Term

**Thursday Week 3**

| DISHES |  |  |  |  |  |   |   |  |   |  |  |   |  |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Cajun Chicken | | | | | | | | | | | | | | |
| Beef Lasagne | | ✓ | | May Contain | | | ✓ | | May Contain | | | | May Contain | |
| Vegetable Lasagne | | | | | | | | | | | | | | |
| Garlic Bread | | ✓ | | | | | May Contain | | | | | | May Contain | |
| Vanilla Sponge | | ✓ | | ✓ | | | | | | | | | | |
| Custard | | | | | | | ✓ | | | | | | | |
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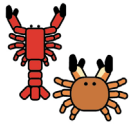
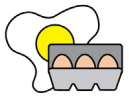
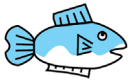
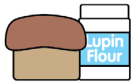
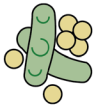
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# DISHES AND THEIR ALLERGEN CONTENT -Teesside High School Autumn Term

**Friday Week 3**

| DISHES |  |  |  |  |  |   |   |  |   |  |  |   |  |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | **Celery** | **Cereals containing gluten** | **Crustaceans** | **Eggs** | **Fish** | **Lupin** | **Milk** | **Mollusc** | **Mustard** | **Nuts** | **Peanuts** | **Sesame seeds** | **Soya** | **Sulphur Dioxide** |
| Chicken Burger in a bun | | | | | | | | | | | | | | |
| Macaroni Cheese | | ✓ | | | | | ✓ | | | | | | | |
| Vegan Macaroni Cheese GF | | | | | | | | | | | | | | |
| Vanilla Ice-cream | | | | | | | ✓ | | | | | | | |
| Chocolate Ice-cream | | | | | | | ✓ | | | | | | May Contain | |
| Strawberry Ice-cream | | | | | | | ✓ | | | | | | | |
| | | | | | | | | | | | | | | |
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Reviewed by: Nicola Steel

Food Standards Agency
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